

Inspiring Leadership
Foundation 2022



Inspiring

LEADERSHIP
FOUNDATION





Inspiring girls. Empowering women. Advancing communities.

We are a charity organisation working to achieve empowerment for women & girls from disadvantaged backgrounds.

Through collaborative projects and our own Inspiring Futures Academy, we help women & girls to achieve their personal ambitions and economic independence.



Our Vision:

A world where all women and girls are inspired and empowered to achieve their full potential, leading to positive social change.

Our Mission:

To provide world-class personal and career development, helping disadvantaged and vulnerable women and girls to achieve their ambitions and financial independence. We do this by leveraging the power of an influential community and collaborative partnerships in the public, private and charitable sectors.



The empowerment of women and girls is critical in breaking the cycle of gender inequality. Investing in women and girls is key to improving economies and stabilising communities around the world.

Gender disparities exist in every country. Women and girls face inequality at home, at work, and in public life. They are disproportionately affected by discrimination, violence, and exploitation.

Risks faced by women and girls diminish proportionally to their financial independence. World Bank and OECD research has consistently shown that women's economic empowerment is a key component of achieving long-term development goals.

GAPS IN CHARITY SECTOR

There is significant investment in addressing **other** specific and urgent needs affecting women & girls. There is a lack of multi-agency partnering to combine resources, expertise and ideas.

LIMITATIONS IN GOVERNMENT SUPPORT

Government bodies are generally focused on urgent and targeted issues. Government support and resources are often finite and age-restricted.

LACK OF FREE ONGOING SUPPORT

There is a lack of services which offer ongoing personal and career development to women & girls of all ages and stages. Often, free access to this type of support ends at school level, leaving women unsupported as they navigate the world of work, and the turbulence of adult life.



"All my questions had no answer until the Inspiring Leadership Foundation came into my life"

Noven, Kenya _____



6,000+

We have helped over 6,000 disadvantaged women & girls in different countries around the world.



250+

Women & girls have joined our Inspiring Futures Academy, which launched in 2021.



4 AND COUNTING

Our projects have so far helped women and girls in 4 different countries.



100,000

our goal is to change the lives of 100,000 disadvantaged women & girls around the world by 2030.

What we do

Our extensive research has determined what women & girls need in order to achieve their full potential. We work to provide individuals with the following:



CONFIDENCE & WELLBEING

We improve confidence and wellbeing so that women & girls can get closer to living their full potential.



EMPLOYABILITY SKILLS

We improve employability skills to equip women & girls for the job they want.



INCOME & EMPLOYMENT

We help women & girls gain income and employment, diminishing risks and advancing gender equality.



HEALTHY RELATIONSHIPS

We create healthy social ties; facilitating meaningful relationships and giving our beneficiaries the chance to feel part of a community.



AUTONOMY

We help beneficiaries gain autonomy so they can make their own decisions and determine the course of their lives.



FINANCIAL INDEPENDENCE

We focus on the end goal of financial independence for all women & girls who come to us for help..





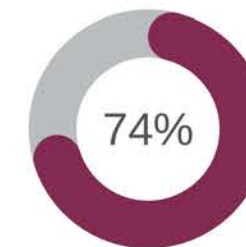
The women & girls we serve

The women & girls we help come from disadvantaged backgrounds and experience barriers in achieving their full potential and financial independence.

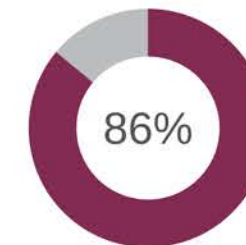
Our service welcomes all women, including trans women.

We particularly support women & girls who face:

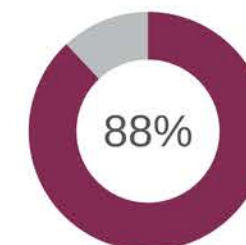
- Disadvantaged backgrounds
- Lacking basic employability skills
- Low confidence and self-esteem
- Unsupportive or abusive relationships
- Experience mental health issues



of the women & girls we serve come to us with low self-esteem or confidence



of the women & girls we serve come from low-income/deprived backgrounds



of those who disclosed, 86% of women we support reported are unemployed

About The Inspiring Futures Academy

The Inspiring Futures Academy develops personal and professional capabilities in women & girls from disadvantaged backgrounds. The programmes are offered free of charge to all beneficiaries.

- The academy provides mentoring, workshops, virtual learning, events and work opportunities.
- The academy provides development and growth opportunities for women & girls aged 16 and over. There is no upper age limit.
- There are **four levels**, each offering learning opportunities and the chance to gain certificates, bringing participants closer to their ambitions and financial independence.



- ✓ **100% of participants were satisfied with the workshops**
- ✓ **94% reported improvement in skills development**
- ✓ **84% reported feeling more confident having participated in the IFA Level 1 programme**
- ✓ **85% of beneficiary goals were being met for those in mentoring relationships**

What we provide



WORKSHOPS

We offer a range of live sessions covering a variety of topics at various levels, hosted by internal team members and inspiring guest speakers.



MENTORING

We match mentees with the right mentor, who can use their expertise and experience to help the mentee achieve her goals and aspirations.



VIRTUAL RESOURCES

We have carefully created a selection of useful resources which can be accessed anytime, anywhere, online or through our downloadable app.



WORK EXPERIENCE

We provide participants with access to career tasters, work placements and work experience, broadening career horizons.



SUPPORTIVE COMMUNITY

We are here to support participants for the long term. We will create a safe space in which you can learn and grow.



PSYCHOMETRICS

We offer questionnaires to help participants build greater self-awareness, understand their strengths and guide their futures.

"Wow, I had never done anything like this before and really enjoyed going on the journey throughout the course. This experience was really good and improved my confidence a lot."

Laura, Uk

INTERNATIONAL PROJECTS

In developed countries like the UK and Ireland, our programmes are ready to thrive. In developing countries, we often need to work with other organisations to help establish the foundations for our programmes to be accessible and successful.



Inspiring girls

SOUTH AFRICA

In South-Africa we have built a fully equipped technology classroom with learning curriculum, an early childhood learning centre, creating a safe a secure centre for education and wellbeing.



Empowering women

IRELAND

We have expanded our Inspiring Futures Academy International to groups of women and girls in Ireland and Kenya, with many more to come."



Advancing communities

KENYA

We have invested in several grassroots projects in Kenya, including self-sustaining school business farms and water sanitation. This has led to job creation, improved health and nutrition, and school participation for women and girls.

Our impact is international

We invest in underdeveloped communities both locally and internationally, to help remove barriers to education and employment opportunities.

Our goal is to collaborate and share the great work of the Inspiring Futures Academy internationally.

Charity may start at home, but it should not end there. We work with partners and inspiring individuals to extend our programmes to disadvantaged women & girls worldwide.



Ireland



United Kingdom



South Africa



Kenya

Impact Stories

Registered Charity: 1165616



CHARLOTTE
UNITED KINGDOM

When single-mother, Charlotte joined our programmes she described herself as being at her lowest point.

With the help of a mentor, she was able to pursue her goals of going to university.

Charlotte says "The confidence my mentor gave me gives me the ability to keep moving forward"



NOVEN
KENYA

Noven's mental health was suffering as she had yet to experience positive, healthy relationships. She felt she was lacking basic personal and emotional skills and confidence to progress both personally and professionally.

Since joining our programmes, she has gained the skills and confidence to secure a job, effectively manage relationships and care for her daughter.



LAURA
UNITED KINGDOM

Laura was left unemployed due to her battle with anxiety and depression. She felt isolated and lost her confidence.

Laura was referred to us by one of our referral partners, the DWP.

With the help of positive mentorship and our workshops, Laura has secured a job and feels "inspired to move forwards in life"

How you can support us

Please request our brochure "How You Can Support Us" for ways you can join us in making a huge impact for these women & girls



Together, we can thrive.

We have a story of meaning, a mission that inspires, and a cause to get behind.



LINKEDIN

@inspiringleadershipfoundation



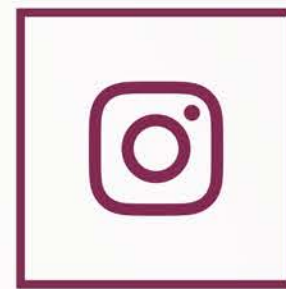
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WEBSITE

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MAKE A DONATION

Visit our website to find out more about how you can make an impact.



GET INVOLVED

<https://inspiringleadershiptrust.com/get-involved/>

Registered Charity: 1165616